



Sustainable Minds AT

Calculating the Ecological Footprint of the SFG Community

The SFG Sustainable Minds team are launching a project which aims to measure the impact of SFG members on the planet.

There are three aims behind this.

- 1) Understand your current impact on the planet.
- 2) Understand how much of a difference our collective actions could make.
- 3) Think about how much of our excessive impact is beyond our ability to make personal changes.

To make this happen, we ask that SFG members use the Global Footprint Network's online Ecological Footprint Calculator at www.footprintcalculator.org. By entering details about your lifestyle and habits, the calculator outputs your approximate impact on the planet in terms of number of earths needed if everyone on the planet has a similar impact, your largest consumption category, your ecological footprint and your carbon footprint.

We would like you to complete the ecological footprint calculator three times:

- 1) For how you were living in 2019,
- 2) How you're living now (during the height of COVID-19 restrictions)
- 3) How you might be expecting to live in 2025 with changes you feel you could make to reduce your footprint.

Each time, please make a note of the following:

- 1) The "number of earths" required to support your ecological footprint
- 2) Your largest "Consumption Category" (food, shelter, mobility, goods or services)
- 3) Your "Ecological Footprint" (global hectares)
- 4) Your "Carbon Footprint" (tonnes per year)

After completing the three iterations of the calculator you will be asked four open-ended questions which aim to better understand the barriers that prevent the reduction of our personal ecological footprints.

All responses are 100% anonymous. We are keen to stress that no one is to be made to feel uncomfortable about their responses. In total the survey should take about 20-25 minutes to complete.

Please follow the guidance and submit your results using this Google survey: <https://forms.gle/Qhe5a6vFwQr6avGTA>

We plan to present and discuss the results at the 104th SFG meeting in April 2021.

Thank you for providing us with valuable SFG feedback, ideas and support. Please be assured all individual responses will be treated privately (unless you express interest in being contacted about or becoming more involved in this project) and used by this Action Team in the collective context for calculating the collective Ecological Footprint of the SFG Community.

If you are interested in joining the Sustainable Minds Action Team please contact Kerr Adams: kerr.adams@ed.ac.uk

Kind regards,

The SFG Sustainable Minds Action Team.

