



University  
of Glasgow



Scottish Alliance for  
Geosciences, Environment  
and Society SAGES

# Improving the Physical Environment

Scottish Freshwater Group / CREW

April 2015

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University of Glasgow

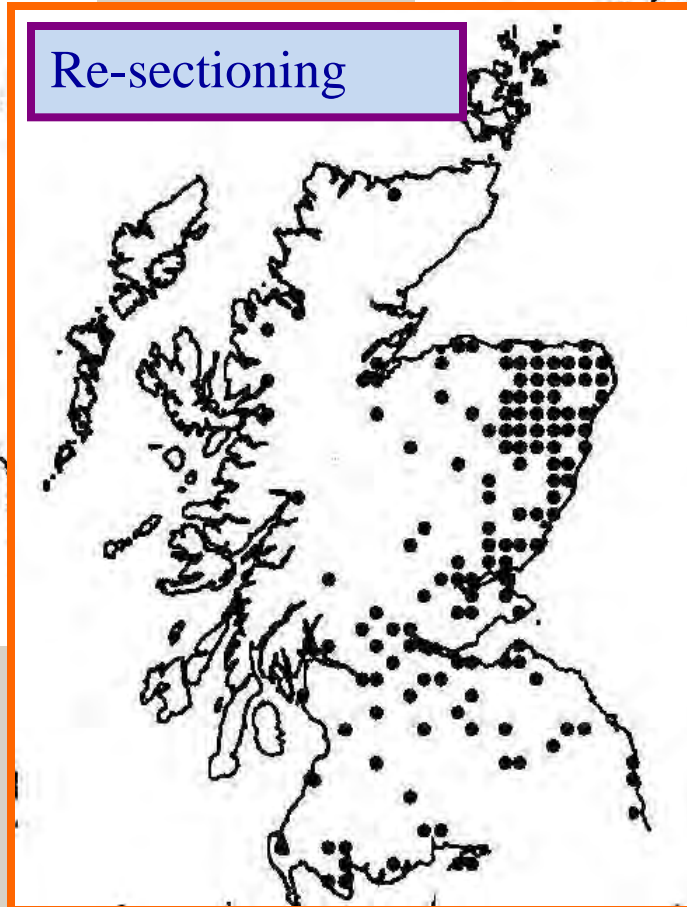
Thanks to: Rebecca Hodge, Georgios Maniatis,  
Florenz Hollebrandse, Miguel Piedra, Sally  
Gemmell, Jim Hansom, Alan Werritty, Rhian  
Thomas, Fiona Thompson

*The condition of the beds, banks and shores of 22% of our rivers, estuaries and coastal waters has been adversely affected by a wide range of historical and current land uses...*

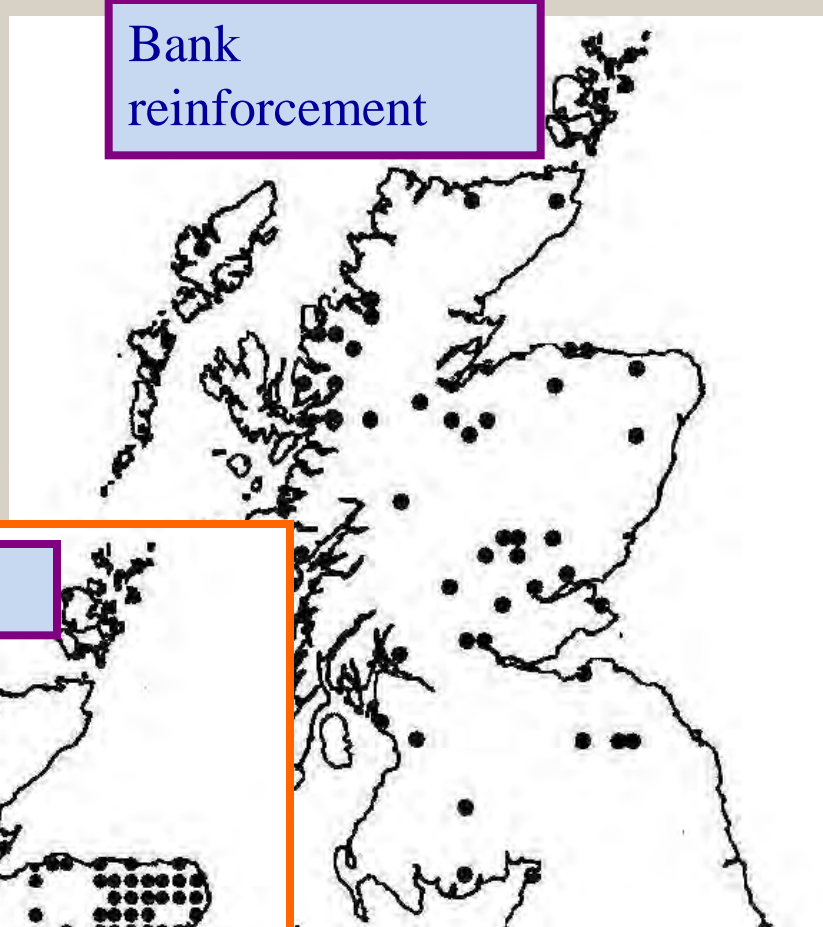
Extensive  
embankments



Re-sectioning



Bank  
reinforcement



RHS 1998



# Types of modification in Scottish upland rivers

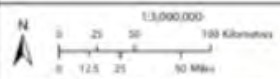
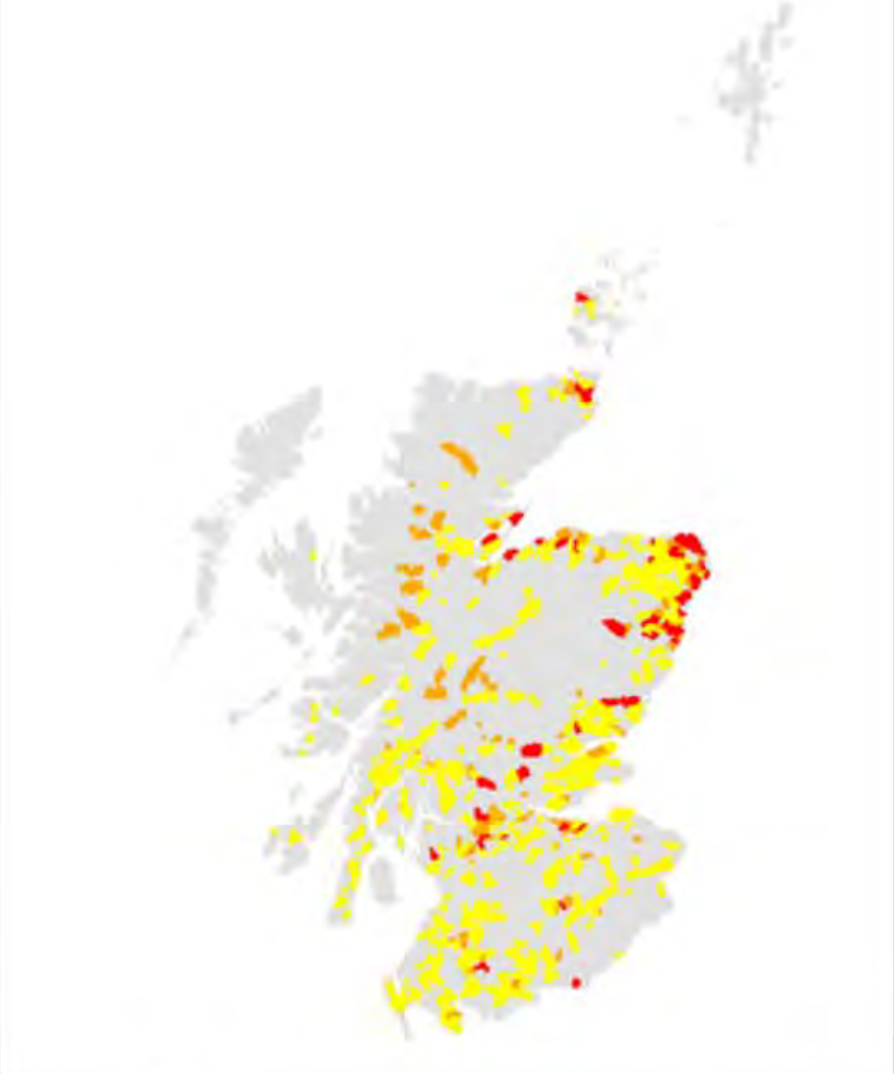
Modification type	Upland (%)
<i>Channel straightening</i>	0.0
<i>Bank resectioning</i>	17.0
<i>Bank reinforcement</i>	23.1
<i>Embankments</i>	4.4
<i>Weirs or sluices</i>	3.3
<i>Culverts</i>	0.0
<i>Bridges</i>	27.5
<i>Fords</i>	6.6
<i>Extensively poached banks</i>	1.1



% of reference sites affected

**Table 1: Summary of pressures affecting Scotland's surface water bodies<sup>9</sup>**

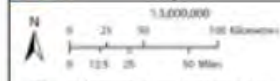
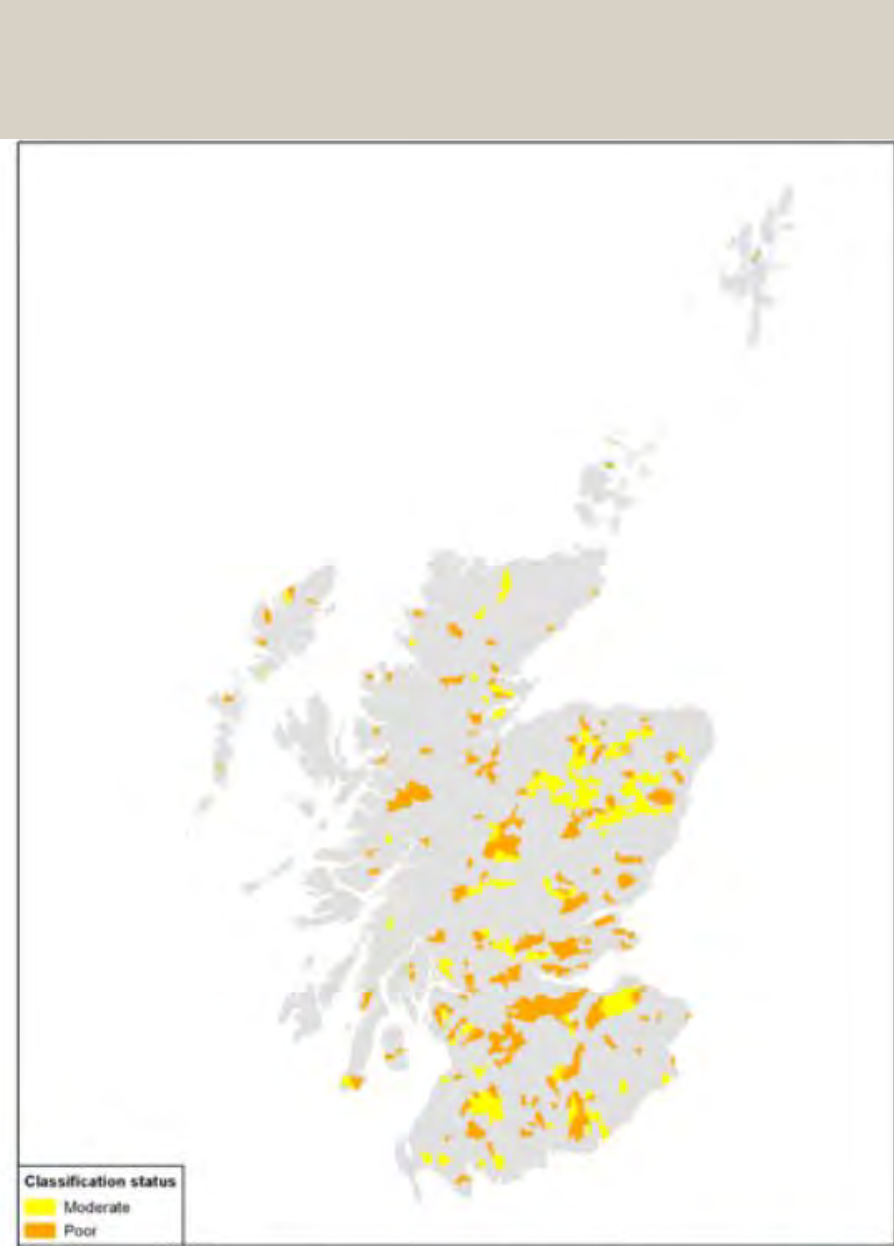
	Total number of surface water bodies	Percentage of number of surface water bodies
Surface water bodies in Scotland (excluding groundwater)	3233	100%
Surface water bodies at less than good ecological status / potential	1261	39%
Water bodies at less than good ecological status / potential because of physical changes (including changes to beds and banks, and fish barriers)	830	25%
Water bodies at less than good ecological status / potential because of changes to physical condition of beds and banks	546	17%
Water bodies at less than good ecological status / potential because of barriers to fish migration.	375	12%



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**Water bodies at < Good Status for morphology pressures**

- Moderate
- Poor
- Bad



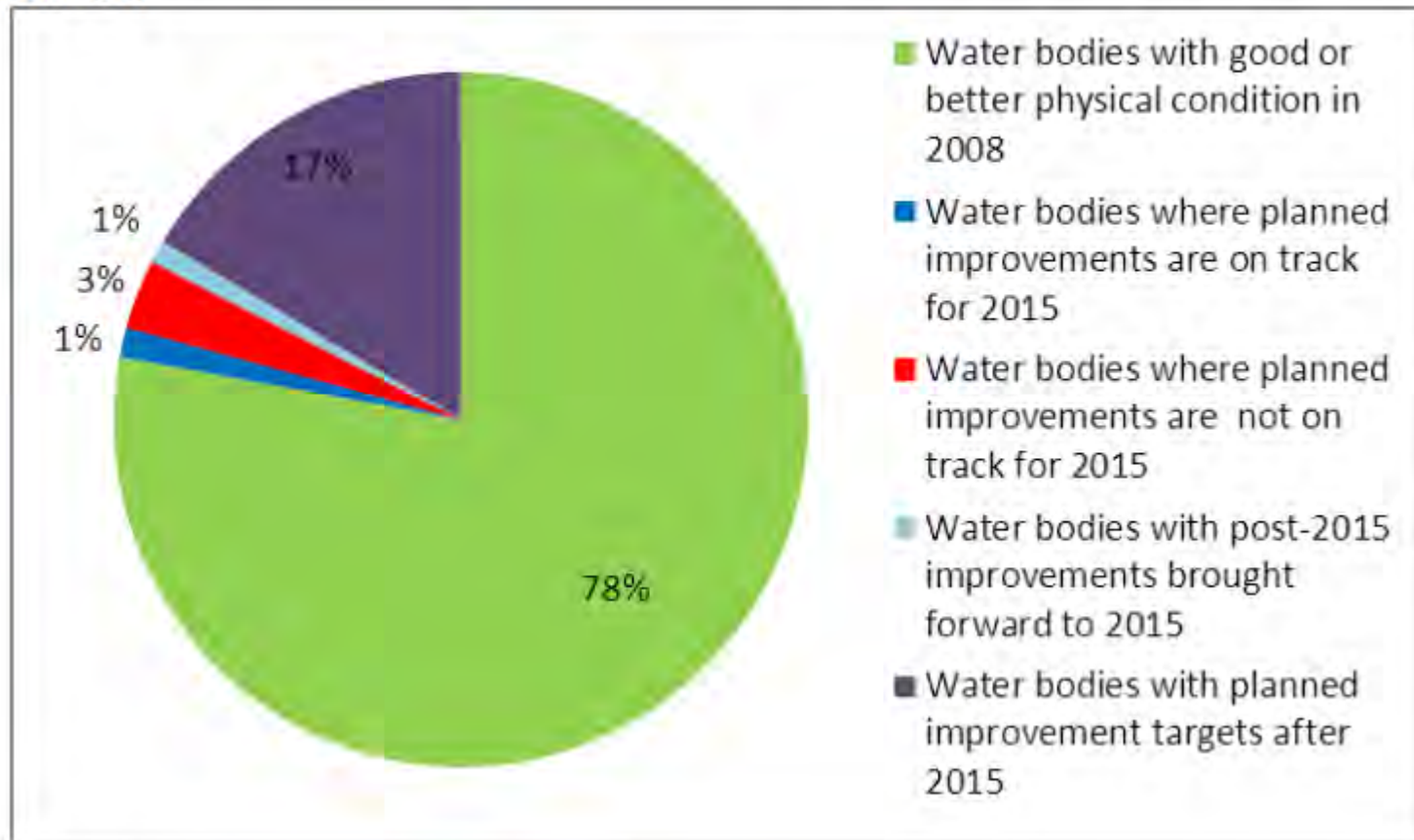
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**Water bodies at less than Good Status due to obstacles to fish migration**



*Our understanding of the extent of alterations to the physical condition of water bodies is still developing. Designing effective improvements can take time because of the need to consider the implications of any changes in a catchment context.*

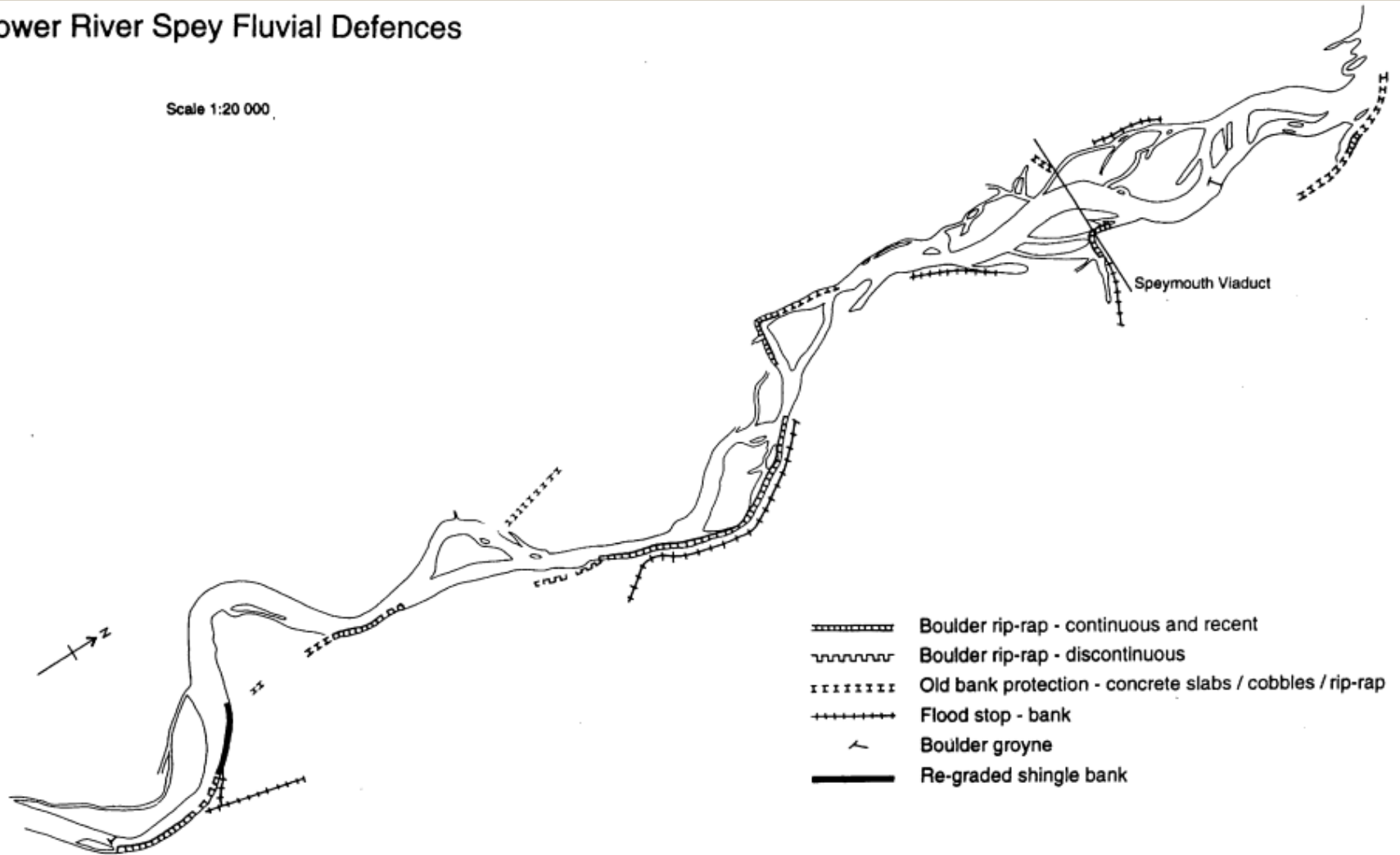
**Figure 8: Progress towards improvements to the physical condition of the water environment**



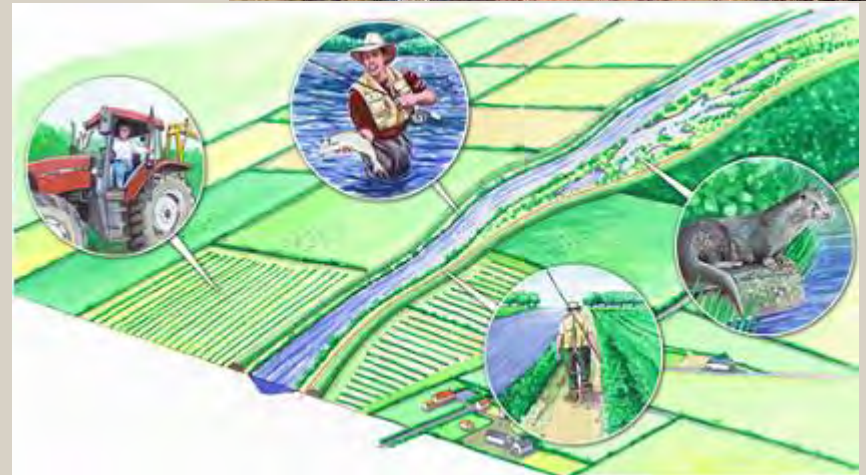
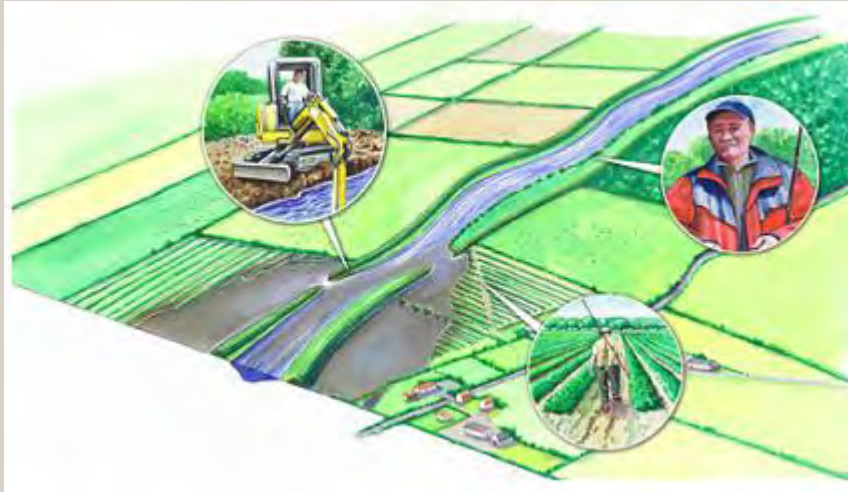


## Lower River Spey Fluvial Defences

Scale 1:20 000



- ...setting out our strategy for improving the physical condition of water bodies to encourage and support projects to reinstate fish passage and improve damaged habitats
- Pilot projects to demonstrate combining restoration of habitats and flood risk reduction in three river catchments, the Glazert Water, River Dee and the River South Esk



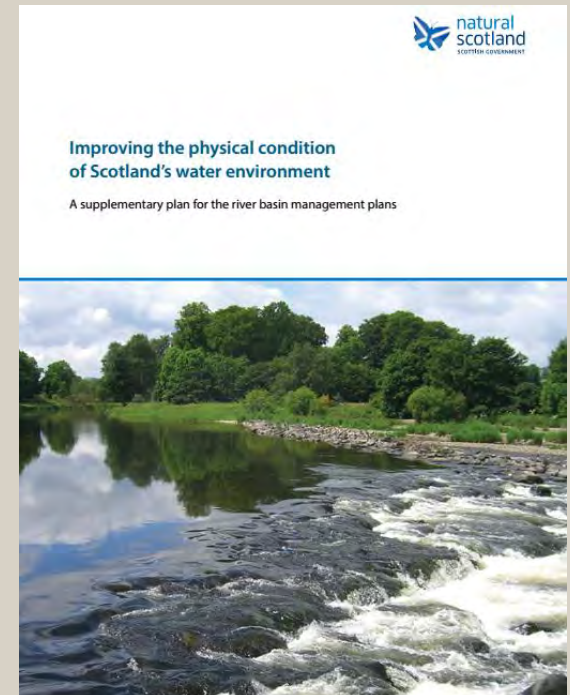


- *links our goals for the water environment with wider goals for biodiversity; woodland creation; fisheries; flood risk management; urban regeneration; and green-space and green network provision in and around our towns and cities.*
- *management of built structures in the water environment (such as road and rail crossings, etc) to embed environmental improvements into the maintenance programmes for those structures.*

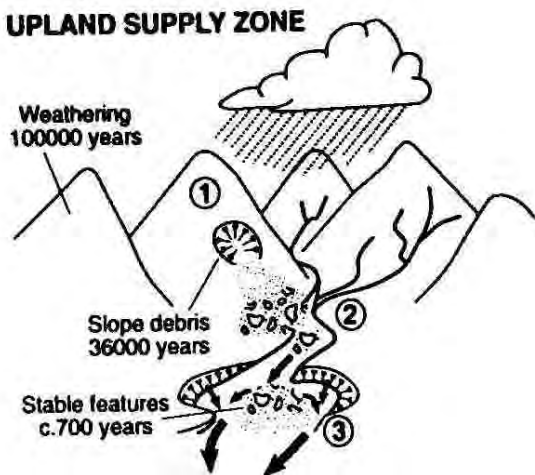


## Principles

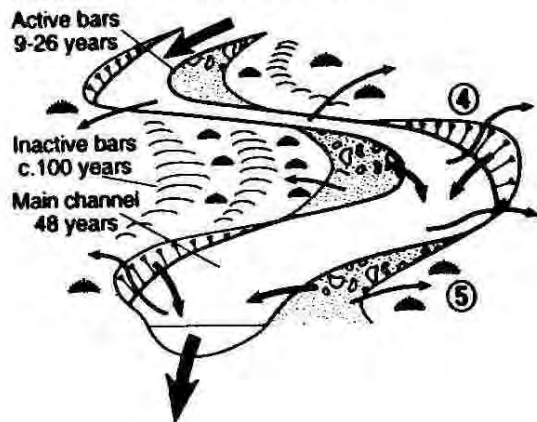
- **Plan at the catchment scale.** Physical pressures on habitats operate at the catchment scale and therefore require solutions to be developed at a catchment scale.
- **Support nature to do the work.** In many cases the environment will improve by itself if the pressures causing harm are removed.



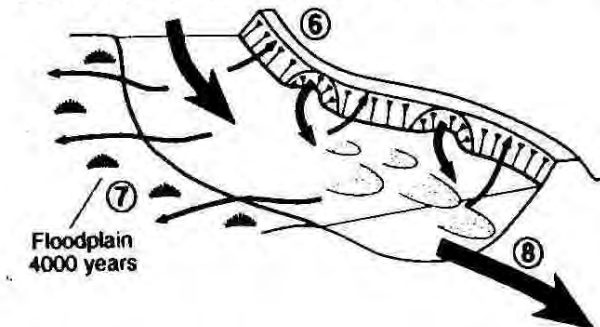
## UPLAND SUPPLY ZONE



## SEDIMENT TRANSFER ZONE



## LOWLAND SEDIMENT STORAGE ZONE



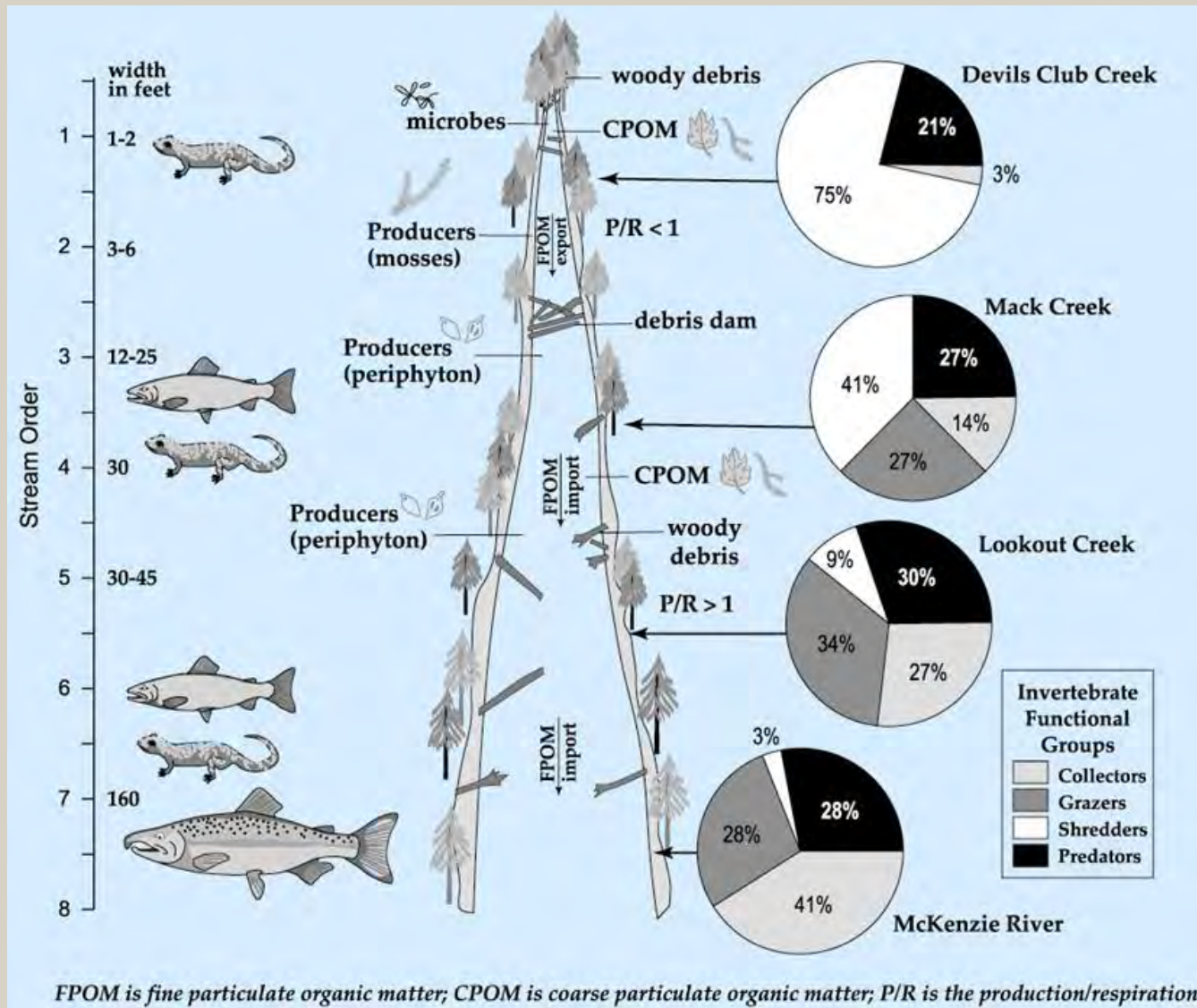
## "KNOCK-ON" EFFECT OF THE SEDIMENT SYSTEM

- ① Slope failure
- ② Channel blockage
- ③ Channel aggrades and banks erode
- ④ Erosion of bank as bars accrete
- ⑤ Build up on bank followed by collapse
- ⑥ Erosion of banks due to slumping
- ⑦ Conveyance loss of fines to floodplain
- ⑧ Fines washed out to sea

Considerations of sediment in  
river management  
(Sear, Newson & Brookes)

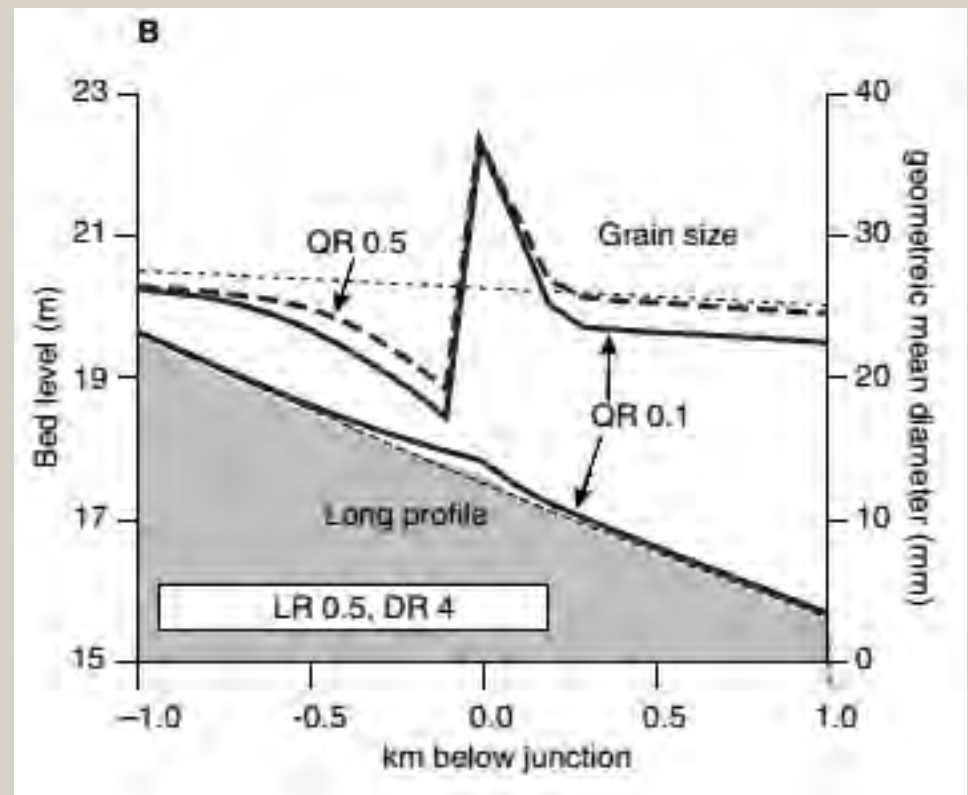


# The river continuum concept (Vannote et al 1980)



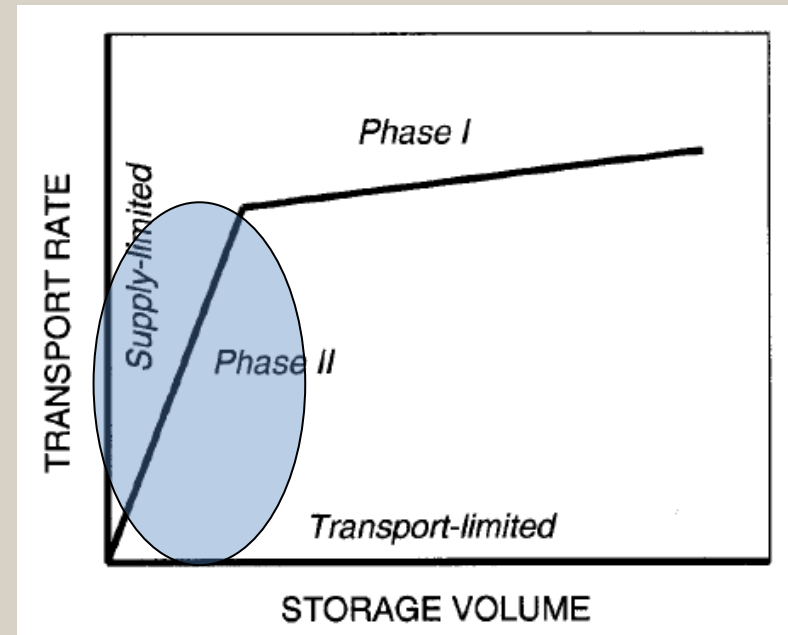


## Tributaries and network structure



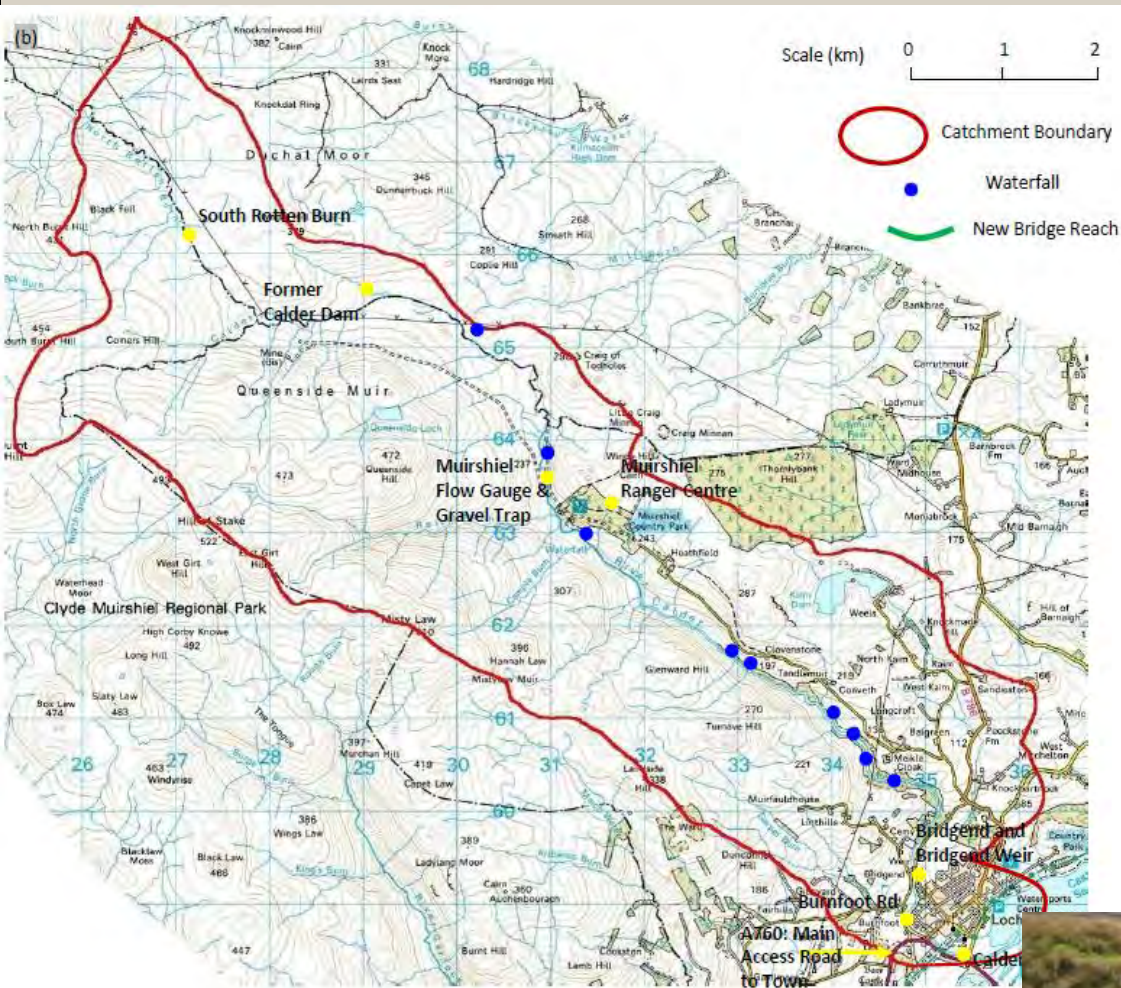


## Sediment in Scottish rivers





# River Calder dam removal

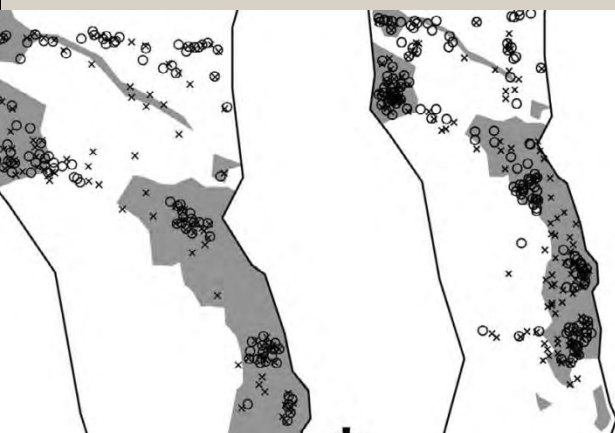


- dam c.1850 – 1983
- after breach, released sediment has migrated downstream
- gravel front now c.4km from dam

Thompson, 2009



# Sediment transport in bedrock-alluvial rivers

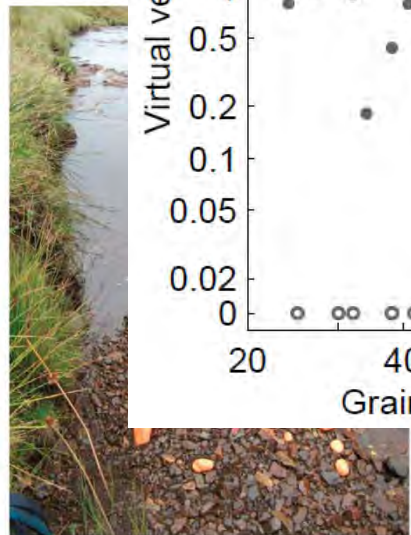
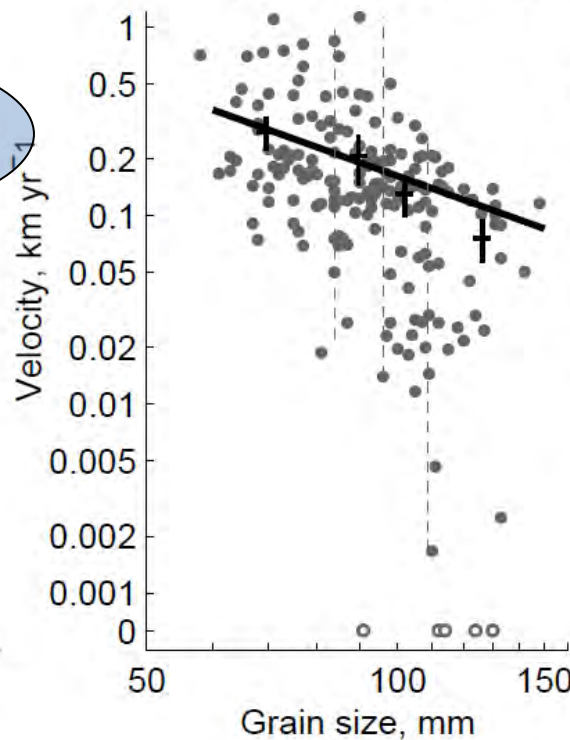
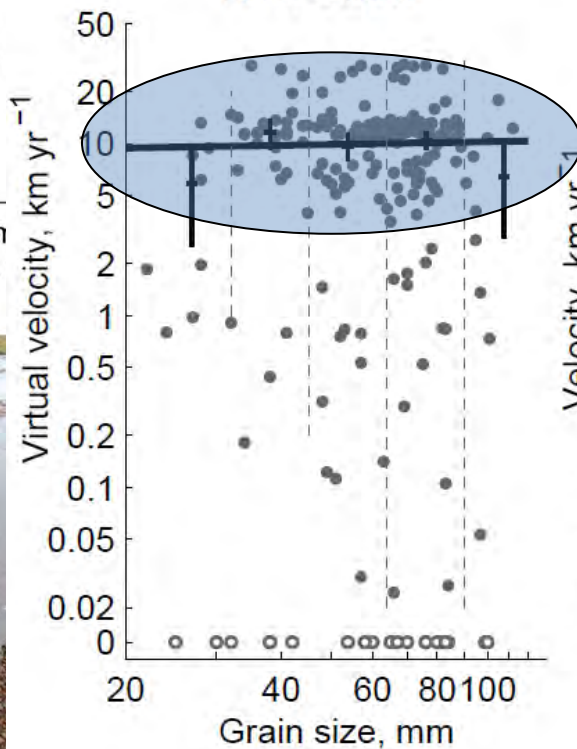
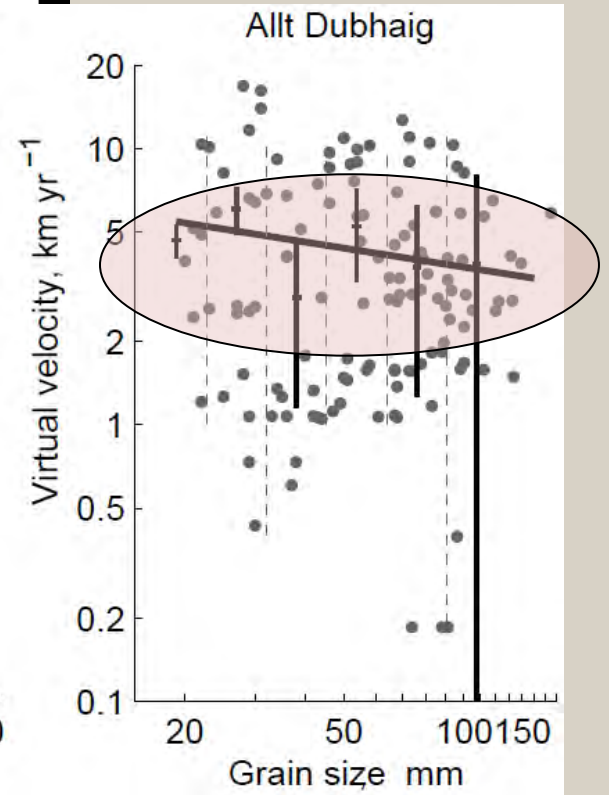


River Calder

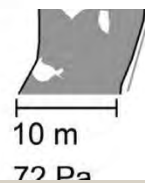


South Fork Eel River

Flow



Sediment depths





## Timescales of adjustment



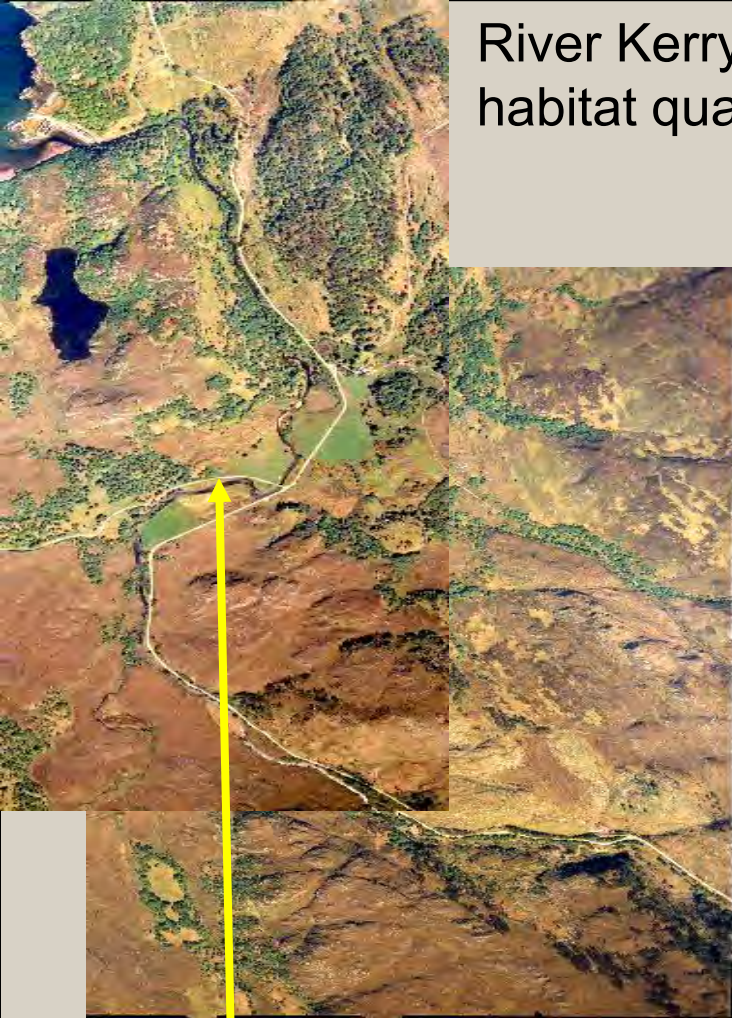
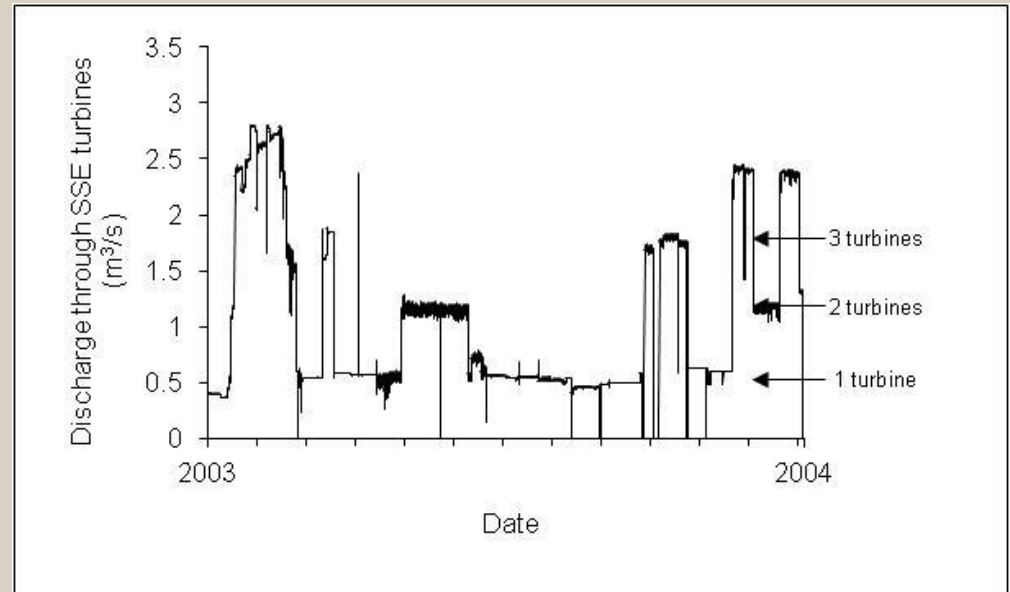
Active river bar: beginnings of vegetation colonisation

10-30 year old stable bar: alder, with broom and grasses

>40 year old stable bar: mature alder woodland



# River Kerry: integrating morphology, flow regime and habitat quality



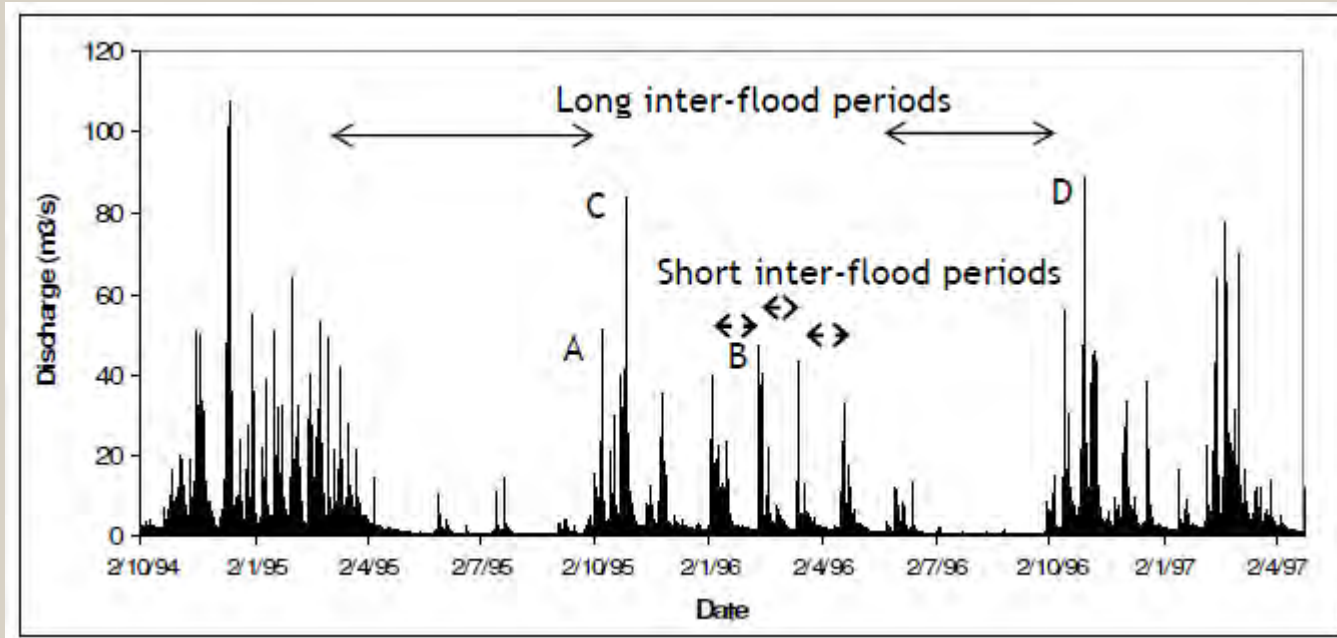




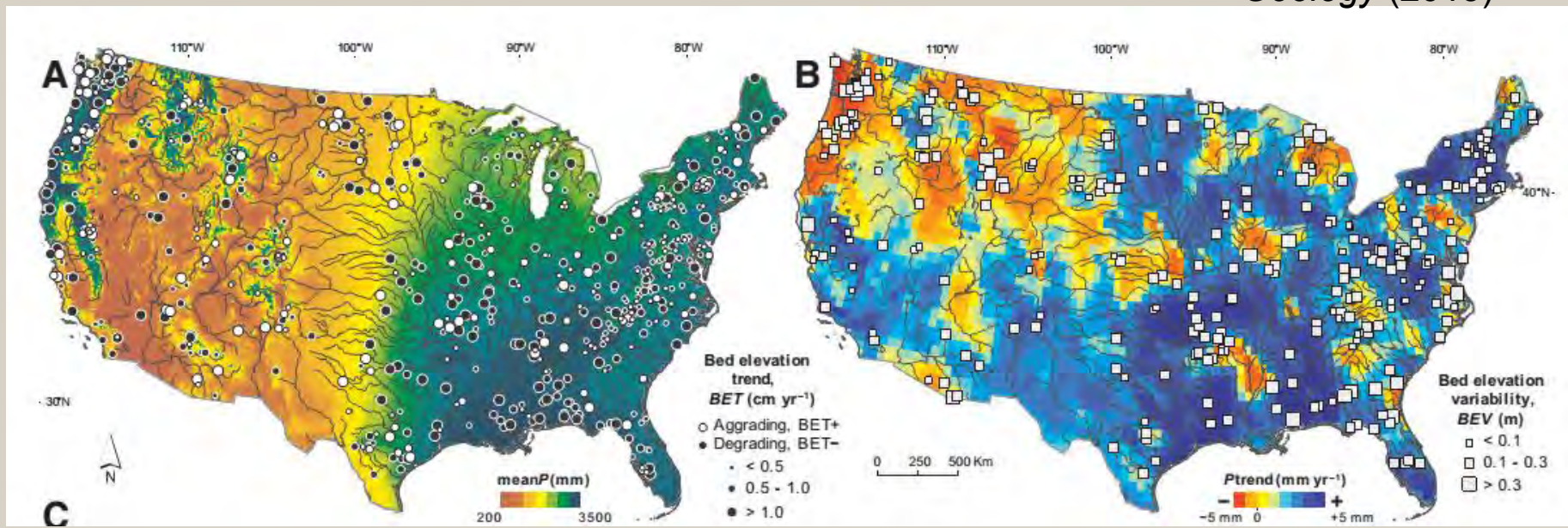
- habitat suitability controlled by:
  - flow regime
  - stable channel morphology
- flow regime favours mussel habitat because:
  - compensation flow ensures usable area
  - absence of large flood peaks



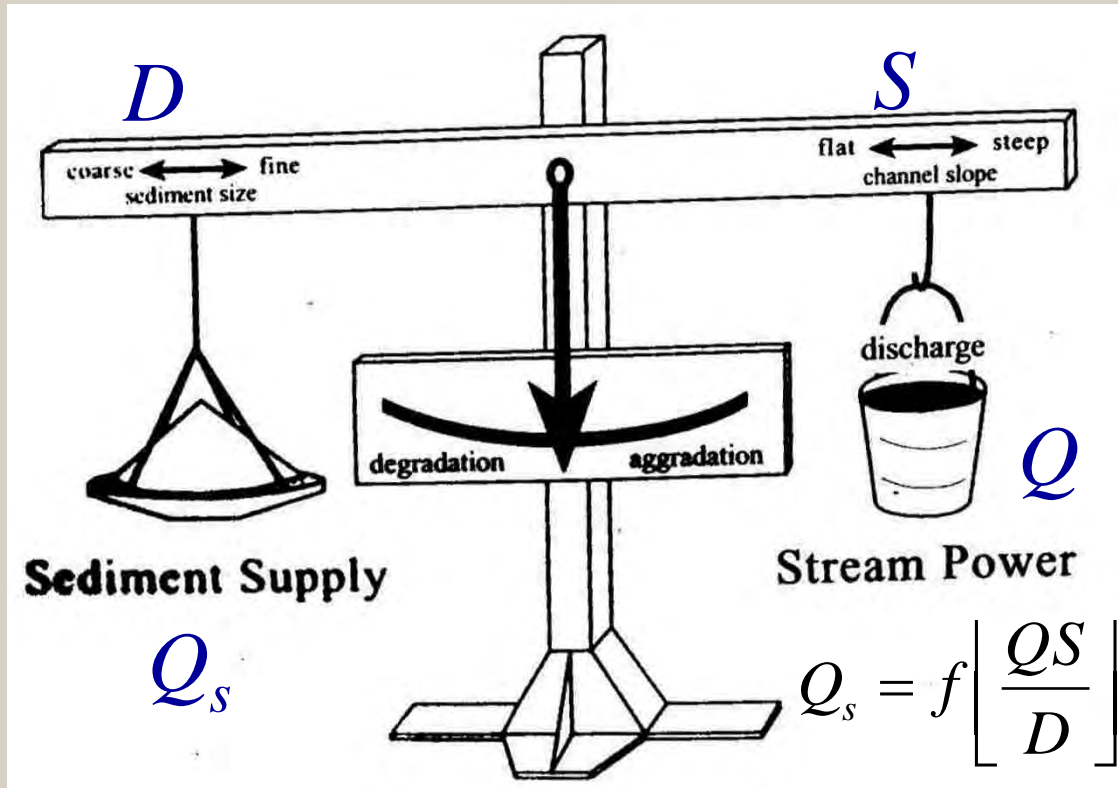
# Impacts of (changing) flow regimes



Slater & Singer,  
*Geology* (2013)



# The sediment balance: adjustment and availability





# Conclusions

- *baseline knowledge still being acquired and interpreted*
- *historical impacts are complex and adjustments may be incomplete*
- *timescales of adjustment vary*
- *climate change impacts difficult to generalise*
- *system discontinuities significant (tributary junctions)*
- *catchment scale management is critical, but is it always appropriate?*
- *integration of issues (water quality and physical properties often related)*
- *urban rivers should not be over-looked*

