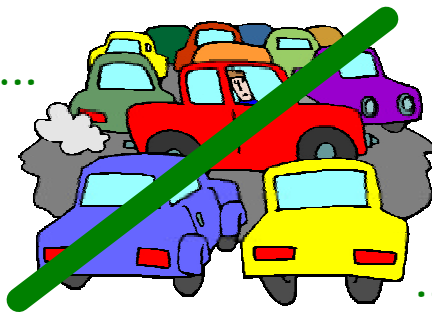


Getting to CEH Lancaster



..... without a car

Lancaster is close to the centre of Britain and has good public transport. These notes are intended to encourage people visiting CEH Lancaster to leave the car behind by providing them with specific information to make a "green" journey easy, in a format that can be printed out for the pocket. CEH is on the campus of Lancaster University and the university have a very detailed travel website if more information is needed. **University travel info:** www.lancs.ac.uk/users/transport

Trains to Lancaster

Lancaster is on the main West Coast train Line with frequent direct fast trains from Manchester International Airport, Manchester, Glasgow, Edinburgh and Birmingham. Direct trains for Lancaster leave London Euston every hour and the journey time is typically 2 hours 45 minutes. Local trains from stations on the Barrow-in-Furness line, the Windermere / Kendal line and the Morecambe line arrive in Lancaster about hourly. **Train times:** www.nationalrail.co.uk, 08457 484950.

Buses between Train Station and Campus

Direct buses to the Campus (labelled X1) leave the train station taxi rank at 10, 30 and 50 minutes past each hour during the working day and the journey is timetabled to take 18 minutes. More frequent buses go from Common Garden Street and these run from early morning to late at night. It takes under 10 minutes to walk to Common Garden Street. Leave the station through either main exit and follow the road up the hill to join Meeting House Lane where you turn left, following signs to City Centre. At the traffic lights beside Waterstones Book Shop you come to King Street which you should cross and then turn right to walk past the Market Building and then turn left into Common Garden Street. Wait at the first bus stop which is signed for the University and any bus labelled University can be used. Tickets are bought from the driver on entering the bus and a single ticket is £1.20 and a day return £1.90. You do not need to have the exact money, but of course it helps. Frequent buses return to Lancaster from the university underpass from early morning to late at night and most go to Common Garden Street. However the X1 returns directly to the train station, leaving the underpass at 13, 33 and 53 minutes past the hour during the working day. If aiming for a particular train out of Lancaster it is wise to leave CEH about 40 minutes prior to its departure in case of traffic congestion. **Lancaster City Centre map:** www.lancaster.gov.uk.

Taxis between Train Station and Campus

Taxis wait for fares outside the station around the clock but it is important to follow signs to the appropriate station exit. The cost of a single journey between the station and CEH is about £7. The CEH receptionist will phone for a taxi for journeys from the campus. **Beatstream Taxis:** (01524) 32090, **City Cabs:** (01524) 35666, **848848 Taxis:** (01524) 848848.

Other Buses

Express buses arrive at Lancaster Bus Station from other UK cities. Local buses go to the campus (without needing to change) from the Bus Station and various locations in Lancaster, Morecambe and Heysham. Buses between Preston & Lancaster stop at the bottom of the main drive to the campus. **Bus Times:** www.nationalexpress.com, www.stagecoachbus.com, www.traveline.org.uk, 0870 6082608.

On the Campus

Most buses arrive at the underpass under Alexandra Square. Leave the bus stop by the steps up to Alexandra Square which is a large rectangular "square" at the centre of the campus. Leave the square by the South West corner i.e. between Waterstones Book Shop (yes another one!) and the Post Office. Walk along with the Library on your left and at the end of the Library building turn left to continue with the Library still on your left. Go down the steps at the end onto Library Avenue and the building opposite is the Lancaster Environment Centre of which CEH Lancaster is a part. If arriving elsewhere on the campus CEH can be located using the frequent map boards and the Environment Centre is numbered 39 on these. **Campus map:** www.lancs.ac.uk.

Overnight Accommodation

There are various types of accommodation available within 10 minutes walk of CEH. Student style accommodation available from the University costs between £17.50 (shared facilities) and £25.85 (en suite) for a single room, Three Gables Bed and Breakfast costs £25 for B&B and Lancaster House Hotel (if booked through CEH) costs £79 for B&B. Other accommodation accessible by public transport can be found on the web. There are many options on and around the campus for meals. **University Accommodation:** www.lancs.ac.uk/users/cro/visitors.htm. **Three Gables:** (01524) 752222. **Lancaster House Hotel:** (01524) 844822. **Local Accommodation Guides:** www.lancashiretourism.com, www.lancasterukonline.net. **Lancaster Tourist Info:** (01524) 32878.

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